

Breakaway Horse Riders Club Inc.

Po Box 5957, Mackay Mail Centre, QLD 4741
Newsletter Email Contact: kara_duff_87@hotmail.com

Minutes From the Meeting

- New logo design for club was discussed.
- There will be no endurance ride for 2016.
- Charity Ride details starting to be arranged
- Xmas will be in July this year. Details of venue and time to be arranged.
- Prospective ride near Firey Creek.

Australian Endurance Riders Association Rule Book

This months snip it: **33. Riding the Course**

33.1 The ROC may nominate 1 of 3 following alternative methods to start a *ride*.

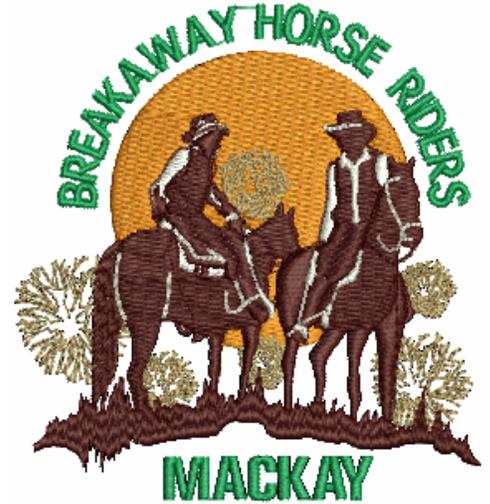
- a) 'Shotgun' start. A 'shotgun' start is a single common start time applicable to all *riders* in the ride, irrespective whether the *rider* is ready to depart on course or not.
- b) 'Grouped' start. A 'grouped' start involves 2 or more 'groups' of *riders* starting the course at pre-determined intervals with the *riding time* beginning for each 'group' at the nominated start time for each group, irrespective whether the *rider* is ready to depart on course or not.

ATHRA Rule Book

This months snip it: **2. Risk Management**

2.6 Special attention must be paid to non-horse related risks in the Risk Management Plan to ensure that all contingencies are addressed wherever possible.

2.7 All clubs and members should ensure that risk management remains a priority of the Association and its affiliated clubs.



2015 Committee

President:

Kath Ryan 0488 301 083

Vice President:

Mike Tweusen

Secretary:

Roxanne Aprile 0408 712 851

Treasurer:

Gail Dodt

Publicity/Newsletter:

Kara Duff 0407 158 406

Endurance Sec:

Jo Davis 0467 255 833

Calendar of Events

- **Next Meeting: 7pm, 7th March 2016, Harrup Park Country Club**
- 20th Feb—Koumala Night Ride
- 12th—13th March—Mia Mia Trail Ride
- 25th—28th March—Suzette's Ride for Hope Midge Point.

Notice Board

Team Penning

For upcoming dates:

Watch This Space for Upcoming Dates!



If anyone has any questions about Team Penning, can offer some assistance or want to have a go, please contact Merrilyn Green.
Ph.: 0459 343 995



Harrup Park Country Club

• AFFILIATED CLUB •

Members of Breakaway can view all upcoming events happening at Harrup Park via their website. Just click on the tab below for all the details

[“What’s On”](#)

www.harruppark.com.au

2016 Committee

Breakaway would like to congratulate the following people for taking on the committee positions. Good luck in your new positions and we hope you enjoy working with and being apart of the Breakaway family for 2016.

President: Kath Ryan

Vice President: Mike Tweusen

Junior Vice President: Vicki Crowley

Secretary: Roxanne Aprile

Treasurer: Gail Dodt

Newsletter/Publicity: Kara Duff

2016 Women of Breakaway Profiles

Miss February!

Name: Sandra Cain

Job: Looking after Gary and several horses

My Favourite Band/Artist: Too hard to pick just one, ranging from Pink to Rod Stewart to Beatles and many others!

Favourite Song: Imagine by John Lennon, or maybe Sailing by Rod Stewart.

My Ultimate Holiday is: Trying new adventures with fun people, it doesn't really matter where.

The best advice I've ever received: Be careful! Guess I'll learn what this means one day.

Three people (dead or alive) I'd like to have dinner with: My dad (cause he's dead now) and my 2 sisters because they'd love to see him too.

If I were a cartoon character, who would I be: I can't think of any girly ones (def. not Daisy Duck) but I feel a bit like Wiley Coyote sometimes.

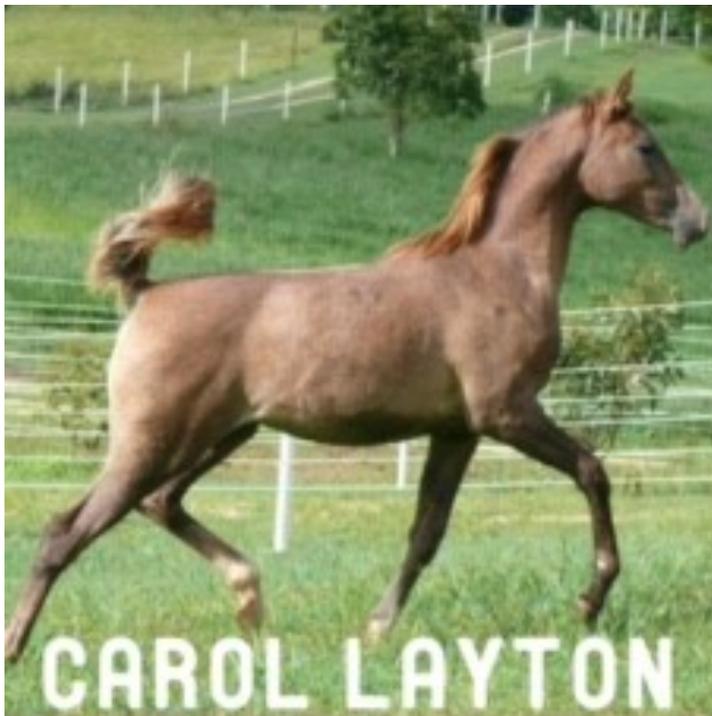
Pet Peeve: People who mistreat others.

I love people who: are fun and generous.

My ultimate meal is: Yummy fresh seafood with salad and chips (prepared by someone else of course)

What is 1 activity/hobby you have always wanted to try: Paragliding—already tried and it was awesome so must do it again.





CAROL LAYTON

EQUINE NUTRITION SEMINAR

Topic's covered include: equine digestion, nutrients, feeding for hoof health, understanding hay & structure, NRC, soil-hair-blood testing, pasture & hay analysis, deciphering feed labels, laminitis & cushings, common feeding myths & fads, & audience questions.

SATURDAY 14TH MAY, 2016. MACKAY, QLD COST \$100

For bookings contact Melissa on 0447 583 096 or endfan1@netspace.net.au



Photo by Sarah Kuyken

Classifieds

- Molendinar Mike Equine Equipment – Design, manufacture and supply of specialized equine equipment including portable panels. Supporters of Breakaway Horse Riders Club Inc. <http://www.c-design.com.au/fencing.html>
- www.ancajealstockhorses.com

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kara_duff_87@hotmail.com

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or

breakaway.sec@gmail.com if you would like one



Presidents Report

By Kath Ryan

2015 seem to go very fast and we packed a good few rides and events in. We were busy with our three horse disciplines.

Trail Riding

WE held rides most months which were well attended and all seemed to really enjoy the outings. Our rides remained sanctioned by ATHRA which continues to provide good protection while we enjoy our sport. We have started some trail riding sport activities towards the end of the year and we intend to expand on these activities this year.

The Regional Ride ATHRA

The regional ride was run by Bouldercome this year and 12 local riders headed south for the event and again all seemed to really enjoy themselves.

Thank you to Mez who has filled the role of Regional Coordinator for ATHRA. Her enthusiasm and passion for the sport and the ATHRA concept has been evident and both the club and ATHRA have gained heaps from her tireless efforts. Mez is taking some time to herself and hopefully one of the other ATHRA clubs will take the reins of this position.

The Charity Ride

May saw us heavily involved in the charity ride at Dows Creek.

Blue and more blue. The support we got from the cancer council and the Dows Creek Hall group was fantastic. Walking across the Mirani bridge and looking back over a sea of horses was Magic. This money raising venture has become a strong part of our clubs community support and with the Hall creek group hopefully we will continue this valuable work. So many people helped and got involved this year. Your effort is much appreciated and from me personally I thank you all.

Team Penning

Jan and Mez put on a top team penning event this year and again enjoyed by all who participated. Calen is such a great spot for this sport.

Endurance Riding

Again we held our rides at Koumala this year. There is a lot of organising for these events and again thank you to all who gave their time to make these events occur. It was poorly attended and we made a loss on the event. Unfortunately those who were going to do the 80klm ride all had to pull out due to unforeseen issues. In the end we did a 40klm and a 20klm.

2016 is the 30th year of our club. We started off as a trail riding club and organised our first endurance ride using the trail riding as the starting platform for that activity.

During the last 30 years we have branched into other activities such as team penning; charity events and ATHRA. There is a lot more paperwork involved now than in our early days and that all takes it toll on the ride organisers.

I would like to suggest to the club that this year we consider not holding an endurance ride but concentrate on getting back to trail riding events; like going out and finding new tracks up at Koumala and Eungella for example and night trail rides under a beautiful full moon. Perhaps rotate and invite other clubs to join us on our trails. (for example the western pleasure group, the pony clubs.) The preparation for rides still generally falls on a select few to coordinate and I would hope that this year a few more members get in and help. Jobs shared are made lighter. If we all play our part and pitch in all members of the club can enjoy the rides.

As you are aware I had a bad fall this year that made me appreciate what is important in my life – health, family and friends. Thank you to Michael and Roxi for being so efficient and supportive on site and for all those members how wished me well. Although I didn't use the insurance it was good to know it was there so I personally don't mind paying our ATHRA and QERA insurance. I know Robyn McGregor would also share this sentiment.

The highlight of the horse riding year was the honour of life membership that the club bestowed on me. It was very unexpected and I must say there isn't many times that I am stuck for words but I was that night. Being a long time member of the club has brought me much joy over the years and what I do with the club is a labour of love.

To our executive, trail bosses trail coordinators, first aiders and the property owners thank you all for making our club possible.

Rain Scald

Reference

For More Information:

<http://horsetalk.co.nz/2012/10/22/rain-rot-solving-scald-problem/#axzz3zxBqg7iU>

<http://www.vevs.com.au/56-uncategorised/229-rain-scald.html>

As we have had a lot of rain recently, I thought we could address Rain Scald. I know my horses have developed it and treatment has started. Hopefully this will help explain how it all works.

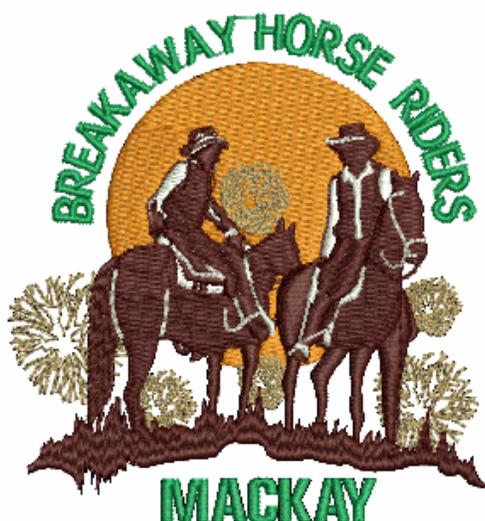
Rain Scald or if you want to know the technically term, Dermatophilosis, is a bacterial infection developed as a result of a couple of things. The main reason for this is constant moisture or a skin trauma. Horses that carry this bacteria (aka Dermatophilus Congolensis), can transmit this to other horses. This is mainly in the form of biting insects. For this reason it is important, especially if your horse has had this disease before, that you make sure you keep the infected horse's things separate. This includes rugs, brushes, saddle cloths etc.



Common areas that you will see Rain Scald infect is the croup, loins, saddle area and neck and head. Other areas will also be affected if there is constant moisture. Areas affected will look like hairs of a paint brush, clumping together (pic left). Infected skin will have a discharge of green-yellow pus, which develops a crust on the skin. Their skin will be sore to the touch. If limbs are affected, they are often swollen and red. The horse will become lame, and in severe cases it can cause fever, depression, inappetent and lethargy.

It is important to help the horse get rid of their coat, as this is where the bacteria will stay in this area. It thrives on low oxygen or high carbon dioxide environments. As this is a recurring disease, it is important should the wet season be on the way to make some arrangements for the horses. Making sure they are rugged and have access to shelter from the weather is important, and remember, keep their things separate from others.

This isn't all you can do. Make sure you treat your horses thoroughly, even though most will overcome the scald by shedding their hair, some won't be that simple. Iodine washes have been recommended for the treatment of rain scald. Wet the affected areas, and apply the iodine or antibacterial scrub. Leave this on for up to 10 minutes then wash off thoroughly. You will have to repeat this every 5—7 days until it has cleared up. Your horses will also benefit from being sprayed to prevent biting insects from penetrating the skin and spreading the bacteria. If your horse develops a more severe case, please make sure that you seek veterinary help.



For more information on trail riding, code of conduct, events or have questions about the sport, please feel free to call us or visit the ATHRA website:

www.athra.com.au



<http://www.qldendurance.asn.au/>



Breakaway Horse
Riders Mackay